FROM THE ADMINISTRATOR’S DESK by Krista Siddiqui

Happy Holidays to you all! This is the season of celebration, family, love, generosity, giving, and receiving. We hope you will think of Zumbrota Health Services when you consider worthy causes to give to. Some don’t know that Zumbrota Health Services is a non-profit organization and as such depends on generous donations from community members to be able to offer some of the services that we do to our residents – your family members. For instance, all of the activities that we provide our residents such as entertainers, special men’s and women’s suppers, events, etc. are paid for by fundraisers and donations. While the rates our residents pay do cover most of the costs of the care that they receive, it does not pay for some of the necessary extras that we would like to provide our residents or improvements we’d like to make to our facility or grounds. Much of this is through donation/endowments/charitable gifts, etc.

We simply ask that if you are considering worthy causes for holiday giving, you consider us here at Zumbrota Health Services. We love our residents and we love being able to go above and beyond for them. Tis the season to be thankful, and Zumbrota Health Services is so very thankful for our wonderful community and the support that you show us. May your Holidays be full of family, friends and loved ones, and may you be blessed now and always.

DONATIONS WANTED!

LOOKING FOR HANDMADE CRAFTS OR BAKED GOODS FOR OUR HOLIDAY MARKET ON THURS. DEC. 15
SEE LACEY IN ACTIVITIES
Administrator
Krista Siddiqui
ksiddiqui@sfhs.org

Director of Nursing
Stephanie Nelson
stenelson@zhs.sfhs.org

HR & Business Office Dir.
Kerri Hicks
khicks@zhs.sfhs.org

Activity Dir.& Volunteer Srv.
Lacey Boesen
lboesen@zhs.sfhs.org

Social Services
Teresa Yoder
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Dietary Director
Danaca Johnson
djohnson@zhs.sfhs.org

Environmental Srv. Dir.
Ray Goranson
rgoranson@zhs.sfhs.org

Bridges Housing Mgr.
Angela Olson
anolson@zhs.sfhs.org

Big Stone Therapy
507-732-8421

Zumbrota Care Center
433 Mill Street
Zumbrota, MN 55992
507-732-8400

Bridges of Zumbrota
295 W. 4th St.
Zumbrota, MN 55992
507-732-8455
www.zhs.sfhs.org

UPCOMING ACTIVITIES
AT THE CARE CENTER
Thurs. Dec. 15 3:30-7:00 Holiday Market
Fri. Dec. 16 2:30 Monthly Birthday Party
Thurs. Dec. 22 2:15 Staff/Resident Holiday Party
Sun. Dec. 25 12:00 Christmas Lunch

Gift Ideas for those living in assisted living or nursing home environments.
⇒ Photo albums, framed pictures, digital photo frames
⇒ Divided box filled with greeting cards for various occasions
⇒ Stamps
⇒ Plants
⇒ Soaps and lotions
⇒ Homemade treats such as cookies or snack mix (check dietary restrictions)
⇒ Decorations to personalize the room
⇒ Anything homemade, especially from grandchildren (pictures, poems, crafts).
⇒ Large print books, word puzzles
⇒ Cds, books on tape or cd’s
⇒ Games and puzzles
⇒ Bathrobe, grippy socks or slippers
⇒ Magazines subscriptions
⇒ Costume jewelry and hair accessories
⇒ Calendar with family dates written in
⇒ Electric razors
⇒ Handheld mirror or magnifying mirror on a pedestal

Activity Department is taking donations for:
• Bingo prizes: stuffed animals, small knickknacks, wrapped candy.
• Craft supplies
• Nail polish
• Lotions
• Wine/Beer for our weekly happy hour

Check us out on Facebook
Zumbrota Health Services

HALLOWEEN 2016
Skinny Peppermint Fudge
Servings: 36

Ingredients:
- Cooking spray
- 12oz semisweet chocolate chips
- One 14oz can sweetened condensed fat-free milk
- Red and white peppermint candies, crushed, for topping

Instructions:
- Line a 8-inch baking pan with foil. Spray the foil with cooking spray.
- In a medium saucepan over low heat, combine the chocolate chips and sweetened condensed milk and stir until it’s all melted and smooth. Pour it into the prepared pan and spread to even out the surface. Sprinkle on the crushed candies. Refrigerate for 2 hours.
- Lift the foil out of the pan and peel it off the fudge. Cut into small squares.
Zumbrota Health Services
433 Mill Street
Zumbrota, MN 55992

ZUMBROTA HEALTH SERVICES
HOLIDAY MARKET
THURSDAY, DECEMBER 15
3:30P–7:00P
HANDMADE CRAFTS
HOMEMADE BAKED GOODS
AND HOMEMADE DONUTS