ZHS’s new Administrator, Lily Bartz!

I feel honored to have been chosen to work with the Zumbrota Health Services team! I have lived in the Southeastern Minnesota area all my life, and recently moved to our cabin near Wabasha. My husband and I have four daughters; the older two are both RN’s, one in La Crosse, Wisconsin, and the other in Honolulu, Hawaii. Our youngest twins are starting at Minnesota State University-Mankato this fall. Needless to say, we are adjusting to the thought of being empty-nesters along with our

Our free time is spent boating on the Mississippi, traveling, and spending as much time as we can with our girls.

I have loved working in long-term care for the past 14 years. I witnessed my aging parents and grandmother-in-law move through the health care continuum and feel blessed that I could provide comfort and support along their journey. This eventually led to my current pursuit of a Master’s in Health and Human Services Administration at St. Mary’s University. I am truly excited for this chance to work with all of you and help make a difference in the lives of those who need us.

ZHS now has an in-house Accountant!

Robby joined the ZHS work family the end of July and has been busy setting up shop ever since. Robby enjoys reading, walking, playing/watching sports, and is an avid ping pong player. He has volunteered as a youth group leader for over 5 years and enjoys seeing people smile.

Meet our new RN MDS Coordinator!

Marlys joined the ZH work family in August and is already hard at work! She’s a life-long resident of Zumbrota and has been married to sweetheart Robert for over 46 years. They enjoy 4 sons and 8 grandchildren. Marlys has been a Registered Nurse for over 47 years, working at St. Mary’s hospital for over 28 of those years. She’s been in long term care since 2000 and has been certified in MDS since 2005.
Kayla Oates is the new OT in the building. She came from another SFHS facility in Thief River Falls, MN. Kayla is originally from Eveleth, MN and went to school in Grand Forks, ND. Areas of therapy Kayla enjoys include orthopedics, CVA, and Neuro. Kayla enjoys any outdoor activity, spending time at her cabin, scrapbooking, repurposing furniture, and music.

In addition to providing services to the inpatients at ZHS, Kayla provides occupational therapy to home health clients and outpatients in our clinic. Contact Big Stone Therapies at 507-732-8421 for physical, occupational and speech therapy for patients of all ages and diagnoses.

Cassie Alms… ZHS’ Director of Nursing

We are pleased to announce the much-anticipated and long-awaited transfer of job duties for Cassie Alms! Cassie is now serving the residents of ZHS full time as their Director of Nursing and we could not be more pleased! Cassie’s immediate goals include maintaining the exemplary quality of care that ZHS provides to the residents and improving staff retention.

Cassie was born and raised in Goodhue and went roller skating at the Bellecreek Roller Rink all the time. She currently resides in Red Wing with her family. She has two daughters; Ryanna, 15 and Annalyse, 13. They enjoy their Rat Terrier/Chihuahua mix (Ozzy) and orange tabby (Scuba), along with camping, road trips, and spending time with family.

Zumbrota Care Center
Family Council
Tues. Nov. 13 at 5pm
The meeting will be held in the Dayroom
There will be a light dinner served
All management will be available for questions

Activity Department is taking donations for:
*Bingo prizes: Stuffed animals, small knickknacks, wrapped candy
*Wine/Beer for our weekly happy hour
*Craft supplies * Nail polish * Lotions
*Chinese checkers board * Costume jewelry

Thank you to everyone who donated, attended, and participated in the Festival of Ages. We raised $4,600!!!
PLEASE JOIN US IN WELCOMING
OUR NEW DIETARY DIRECTOR/DIETITIAN—RENEE THOMPSON!

Renee joined the ZHS work family on October 15th! Renee and her husband Dean went to high school together (and even rode the same bus) but did not start dating until 2007. They have been married for 8 years and reside in Hastings. Renee has two grown sons, one a truck driver who delivers high-end collector cars and motorcycles and lives in Wisconsin; the other is an electrical engineering technician who lives in Minneapolis. If you stop by Renee’s office you will start to notice more and more of her other love, Snoopy—but don’t tell her hubby! She’s happy to be working at ZHS and has enjoyed the warm welcome she’s received!

Zumbrota Health Services offers in-house services for long term care residents! Your loved one can have an in-house vision, hearing or podiatry exam without leaving the facility. Want to learn more? Call Teresa in Social Services at 507-732-8402.

GIFT IDEAS FOR YOUR LOVED ONE
- clothes
- pajamas
- open sweaters or cardigans
- shoes
- socks
- non slip slippers
- scarves
- large print or audio books
- magazines
- puzzle books (wordsearch/crossword)
- stationary
- pens
- lotions
- scrapbook
- chocolate
- cookies
- deck of cards
- plaques
- grooming items
- photo album
- costume jewelry
- cd’s (relaxation or their favorite genre)
- cd player
- reading lights
- bird feeders for outside their window
- walker/wheelchair tote
- picture frames
- large number clock
- light box

With the upcoming holidays:
*Please call ahead to reserve space for your family gatherings.
*Remember to label new clothes.
*With limited closet space in the rooms, please switch out spring/summer clothes with fall/winter.
HOLIDAY MARKET

Thursday, December 6
12-6pm

Handmade items * Baked Goods
American Red Cross Blood Drive

See Lacey in Activities to donate blood or donate items

ZUMBROTA HEALTH SERVICES