Fun with the Preschoolers!
EASTER MENU - Sunday, April 21
Noon Meal     $8/guest

PINEAPPLE-GLAZED EASTER HAM alt. Turkey breast
PINEAPPLE RING GARNISH
FOUR-CHEESE POTATO BAKE
BUTTERED DILL CARROTS
SALAD
FRESH BAKED DINNER ROLL
EASTER CUPCAKE
STRAWBERRY ICE CREAM

*Please call ahead to reserve space for your family gatherings.

*Remember to label new clothes.
*With limited closet space in the rooms, please switch out fall/winter clothes with spring/summer.

Zumbrota Care Center
Family Council

Please join us for our bi-annual Family Council meeting!
When: Wednesday, April 17th at 5:00pm
Where: ZHS Day Room
Who: All family members of current residents are welcome to attend
Big Stone Therapy Site Coordinator Carrie Northway will present on therapy opportunities for long term residents, short term rehabilitation stays, and outpatient therapy. All ZHS management staff will be present to provide updates on their department and answer questions. A light supper will be served. We hope to see you there!

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*Remember to label new clothes.
*With limited closet space in the rooms, please switch out fall/winter clothes with spring/summer.
Zumbrota Health Services Employee Anniversaries this Quarter!

Irene R., RN, celebrated 22 years on January 6th
Molly L., Activity Aide, celebrated 3 years on January 7th
Allison F., Activity Aide, celebrated 5 years on January 8th
Shannon K., RN, celebrated 1 year on January 17th
Tefany R., Resident Assistant at The Bridges, celebrated 2 years on Feb. 9th
Maria C., TMA, celebrated 5 years on February 18th
Lacy L., LPN, celebrated 2 years on February 20th
Penny B., Resident Assistant at The Bridges, celebrated 1 year on Feb. 26th
Zoe V., Dietary Aide/Cook, celebrated 2 years on March 2nd
Mark J., Dietary Aide, celebrated 12 years on March 5th
Brooklynn M., NAR, celebrated 2 years on March 7th
Katie B., Activity Aide, celebrated 4 years on March 10th
Jakki B., TMA, celebrated 6 years on March 12th
Tarren M., NAR/TMA celebrated 4 years on March 16th
Sharon M., RN Clinical Manager, celebrated 4 years on march 16th
Ashli C., Dietary Aide, celebrates 1 year on March 28th
Jecika R., Housekeeping Aide, celebrates 1 year on March 28th

New Hires at Zumbrota Health Services!
Celina S., NAR, PM Shift – started 12-10-2018
Madison B., NAR, Day Shift – started 12-14-2018
Diana Karlstad, RN, Director of Nursing – started 1-21-2019
Claire F., Dietary Aide – Started 1-23-2019
Jessica F., NAR, NOC Shift – started 3-4-2019
Laura M., RN MDS Coordinator – started 3-4-2019
Jessica C., NAR, NOC Shift – started 3-6-2019
Alexis F., Activity Aide – started 3-11-2019
On March 13th, as we celebrated Registered Dietitian Nutritionist Day! We are fortunate to have our very own RDN on staff, Renee Thompson! Renee is passionate about providing quality nutritional guidance to our residents & staff!

As the nation’s food and nutrition experts, Registered Dietitian Nutritionists are committed to improving the health of their patients, clients and communities. Registered Dietitian Nutritionist Day and National Nutrition Month® promote the Academy and RDNs to the public and the media as the most valuable and credible source of timely, scientifically-based food and nutrition information.

National Long Term Care Administrator's week March 11–15 2019

The American College of Health Care Administrators (ACHCA) has sponsored the national observance each March since 1994 to honor and celebrate the role Administrators play in providing leadership for the delivery of resident-centered care and a supportive work environment for staff. We would like to recognize Lily Bartz, Zumbrota Health Service’s Administrator, for her commitment to provide not only the excellent quality of care and quality of life for the residents of ZHS, but also the unwavering positive support and guidance she provides to the employees each and every day. We appreciate you!

She is our residents’ advocate and loyal supporter, she problem solves and educates; she is Zumbrota Health Service's Director of Social Services. This month, during Social Work Month, we honor Teresa Leitch, LSW, for all of the support and services she provides to the residents of ZHS every day. Teresa works diligently to carry out the mission of her profession and of Zumbrota Health Services and consistently provides hope and warmth to residents and family members.

Thank you, Teresa!
Activity Department is taking donations for:
- Stuffed animals, small knickknacks, wrapped candy
- Wine/Beer for our weekly happy hour
- Craft supplies
- Nail polish
- Lotions
- Chinese checkers board
- Costume jewelry

Planning On a Career In Health Care?
Become a CNA!
- Flexible scheduling options—work around your school and sport schedules!
- Reimbursement of the total cost of CNA training & testing if first employer
- Superb Scholarship Program for students!
- Learn key skills and gain invaluable experience
- Not only fun & rewarding, but GREAT FOR YOUR RESUME!

As a Certified Nursing Assistant, you’ll gain valuable experience that will prepare you for a career as a Licensed Practical Nurse (LPS) or a Registered Nurse (RN).

Apply Online:
http://zhs.sfs.org/employment/