This year we had our annual inspection from the Minnesota Department of Health September 9-12. The purpose of the survey is to ensure compliance with state and federal regulations, and quality care for our residents. State Surveys come unannounced and typically last four days. Surveyors speak with residents, family members, and staff, and observe operations and cares provided at the nursing home during this time. The State Fire Marshal also inspects the facility to ensure compliance with the Life Safety Code.

In the past year, there has been a statewide trend of giving more severe deficiencies to nursing homes. While this may lead one to think that care in long term care has declined, this increase in “Immediate Jeopardy” deficiencies is likely due to increased scrutiny of long term care related to the poor press long term care has gotten in the last couple of years. The average number of deficiencies in Minnesota this year is 8.

We were ecstatic to receive our report back from MDH that we received ZERO deficiencies! This is an uncommon occurrence, especially considering the current trend with inspections. We are so proud of all of the staff at Zumbrota Care Center for the hard work and dedication to providing quality care for our residents. Each department plays a vital role, and without each person doing their best, we would not have received this excellent survey.

We celebrate this success and strive to continue improving care to benefit our residents. Thank you for entrusting us with your loved ones!
Tips for Literacy Development

Early Grades (K-2)
Talk to your child about everything
Read every day and introduce different kinds of reading materials

Help your child learn sound patterns of words
Have your child retell stories and tell about their day
Talk to your child about what you do every day
Point out things that are the same and different
Encourage your child to write for fun

Grades 3-5
Keep reading daily, whatever interests your child
Connect what your child reads to his/her daily life
Talk through situations as you problem solve
Help your child recognize spelling patterns
Encourage your child to write letters, keep a diary and write stories

**Big Stone Therapies offers pediatric speech and language intervention, with children of all ages. Our clinic is conveniently located in the lower level of the care center. If your family member has a speech, language or cognitive delay, contact Big Stone Therapies to determine if outpatient therapy may be a good fit at 507-732-8416 or www.bigstonetherapies.com

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Thanksgiving Meal
Thursday, November 28 Noon
$10/Meal
Max of 8 family members per resident

Christmas Meal
Wednesday, December 25 Noon
Deadline for reservations is Dec. 16
$10/Meal
Max of 8 family members per resident
Reminders with the holidays coming up

*Remember to label new clothes.
*With limited closet space, consider changing out spring/summer clothes with fall/winter.
*Please call ahead to reserve space for your family gatherings.
*Live cut Christmas trees or wreaths made of cut live evergreen branches are not allowed in the facility.
Activity Department is taking donations for:
- Stuffed animals, small knickknacks, wrapped candy or costume jewelry for bingo prizes
- Wine/Beer for our weekly happy hour
- Craft supplies
- Nail polish
- Lotions
- Chinese checkers board
- CD Players

Taking donations for the Holiday Market. See Lacey in Activities if interested in donating!!!

“It is not how much you do, but how much love you put in the doing.” — Mother Theresa